

## HELLO!

Your Name Here



# "SHE HAS BEEN ALL OVER TWITTER THREATENING REVENGE."

"HE TOLD ME HE WAS GOING TO."

### "I KNEW THIS WOULD HAPPEN."

"I SAW HIS PLANS
BUT DIDN'T BELIEVE
HE WOULD EVER
DO THIS."



WHY DIDN'T THEY

### SAY SOMETHING







LOOK FOR

### WARNING SIGNS

SIGNALS AND THREATS





2

ACT

#### IMMEDIATELY

TAKE IT SERIOUSLY





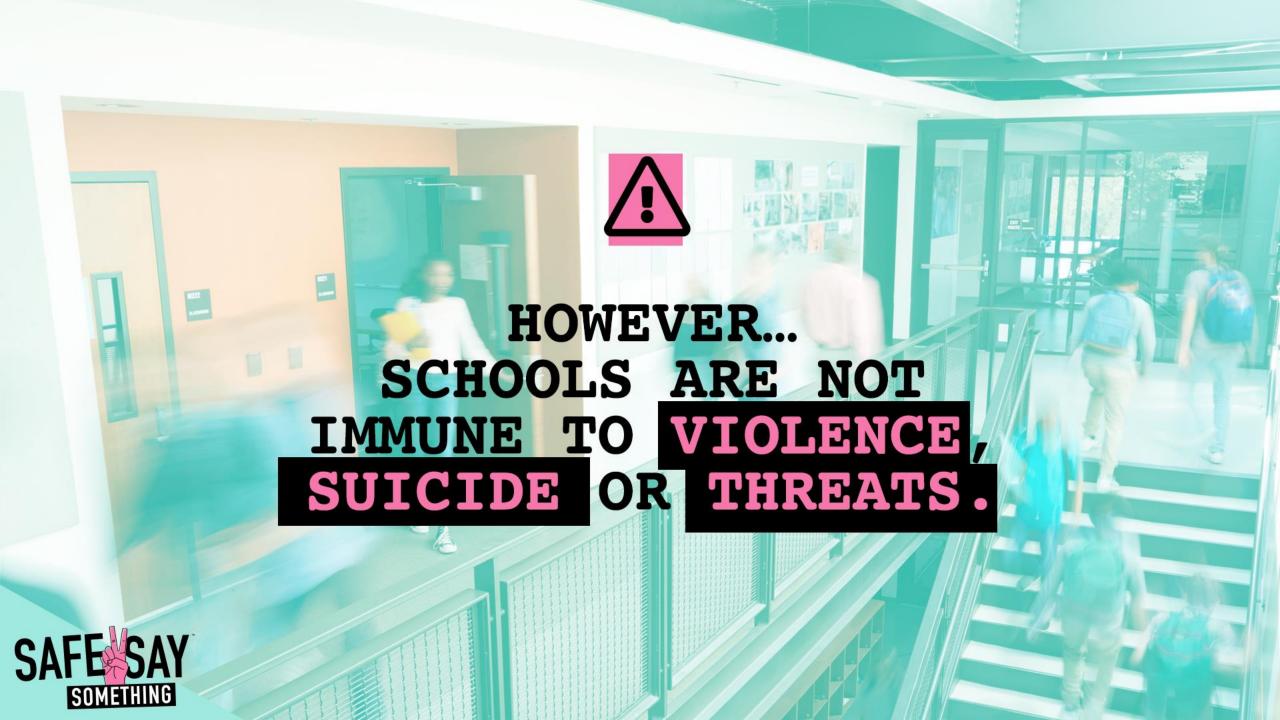
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### SAY SOMETHING









### 1-IN-3 1.000.000

# MILLION

students report being sad or hopeless for 2+ weeks in the last 12 months

students did not go to school 1+ days in the last 30 days because they felt unsafe at or on their way to and from school

students were harassed, threatened or subject to other forms of cyberbullying





#### GOOD NEWS...

INDIVIDUALS OFTEN SHOW
WARNING SIGNS AND SHARE
INFORMATION BEFORE THEY
ARE VIOLENT, ATTEMPT
SUICIDE OR MAKE THREATS





### IN 3 SEPARATE STUDIES, RESEARCHERS FOUND...

# 37%

OF THREATS OF
VIOLENCE
WERE SENT
ELECTRONICALLY

# 28%

USED SOCIAL MEDIA





MOST MASS SHOOTINGS ARE PLANNED FOR

#### 6+ MONTHS

IN NEARLY EVERY CASE, WARNING SIGNS WERE GIVEN.





### IF WE TEACH YOU HOW TO:

- LOOK for warning signs, signals & threats.
- ACT immediately.
  Take it seriously.
- SAY something.

### WE WILL GET BETTER AT:

- REDUCING violence, threats & tragic consequences.
- 2 CREATING safer, healthier schools & communities.





LOOK FOR

### WARNING SIGNS

SIGNALS AND THREATS







#### WHAT IS A WARNING SIGN?

Thoughts, feelings and behaviors that INDICATE significant change and that an individual may be in NEED OF HELP

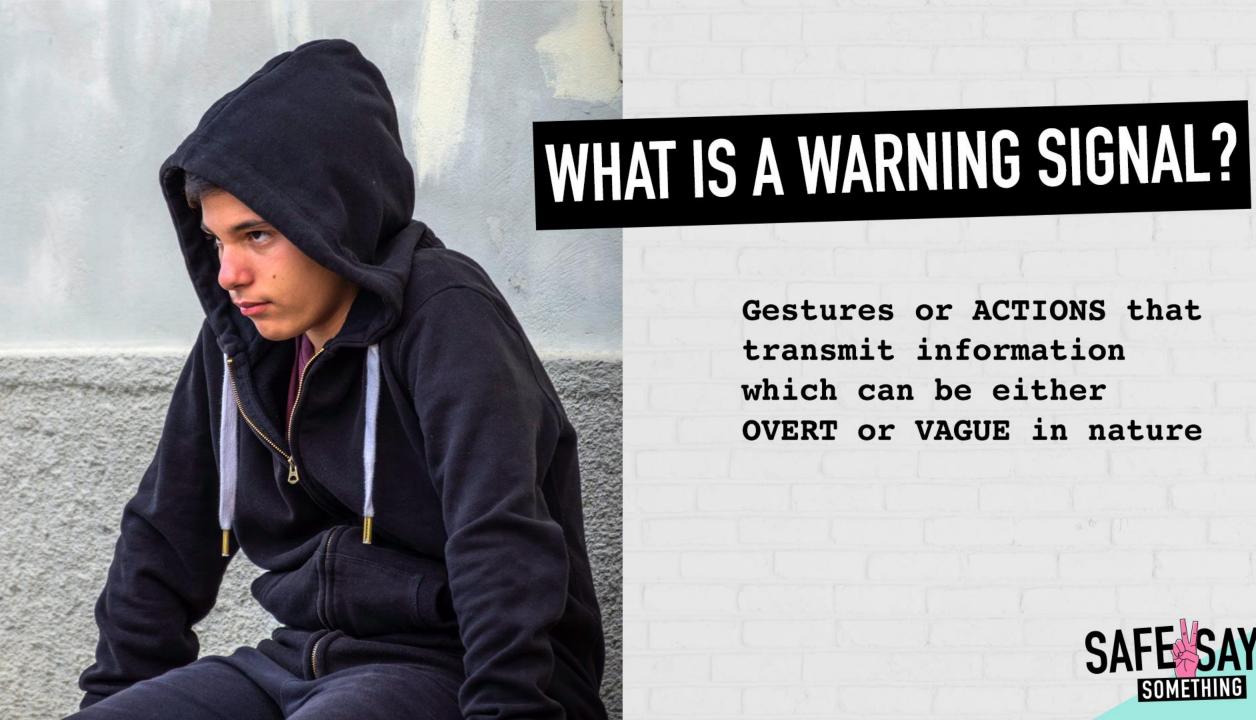




#### WHAT IS A WARNING SIGN?

- Withdrawal from others
- Bullying or Hitting
- Negative Role Models
- Excessive Anger
- Impulsive intimidating
- Extreme mood changes

- Thoughts or plans of harming self or others
- Blames others for own failures
- Fear of riding the bus / going to school
- Will not forgive or forget the wrongs of other people
- Significant personality change
- Excessive feelings of isolation or rejection



Gestures or ACTIONS that transmit information which can be either OVERT or VAGUE in nature





#### WHAT IS A WARNING SIGNAL?

- Give away possessions
- Fascination with suicide
- Rigid beliefs or ideologies
- Brag about access to guns
- Fascination with weapons
- Fascinated with school shootings

- Fascination and/or writings and drawings of death
- Recruit friend to join an attack
- Warn a friend to stay away from school or an event
- Bragging about an upcoming attack





#### WHAT IS A THREAT?

Any communication directly or through a third party which has the intent to HARM themselves or someone





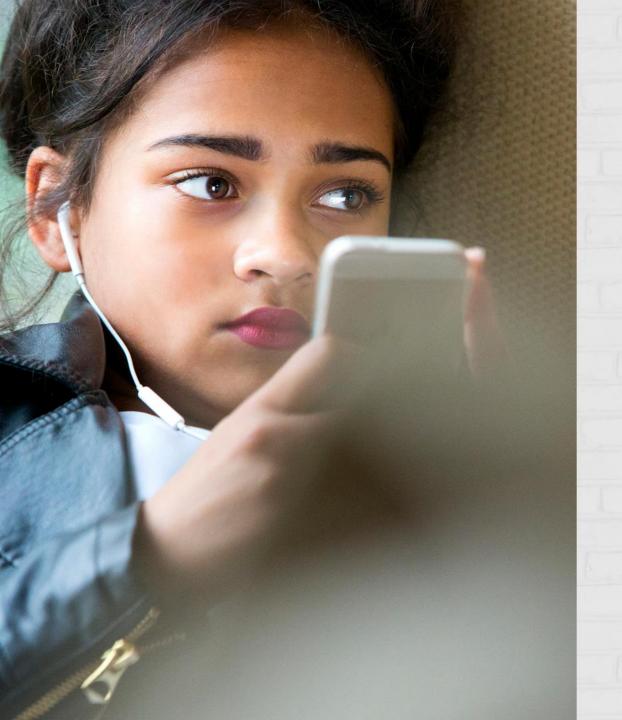
#### WHAT IS A THREAT?

- "Somebody should do that here." (supporting violent act)
- "Someone should blow this place up."
- "Life isn't worth living."
- "I am going to take her and her friends out."
- "You'd be better off without me."
- "They will regret they ever met me."



# WHERE ARE WARNING SIGNS, SIGNALS AND THREATS FOUND?





#### SOCIAL MEDIA

is a PRIMARY SOURCE of signs, signals and threats, followed by hallways, lunchrooms and classrooms.



#### IN WHAT FORM ARE THEY FOUND?

SPOKEN

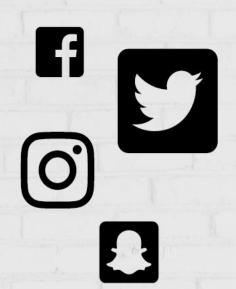
WRITTEN

PHOTOS

GESTURES

VIDEOS

**ACTIONS & BEHAVIORS** 





### IN WHAT FORM ARE THEY FOUND?



Toll me what your plan is....
You can't make a bond with anyone like the bond me and you have right now.... Tell me what your going to do...

Your not gonna like what happens next !!

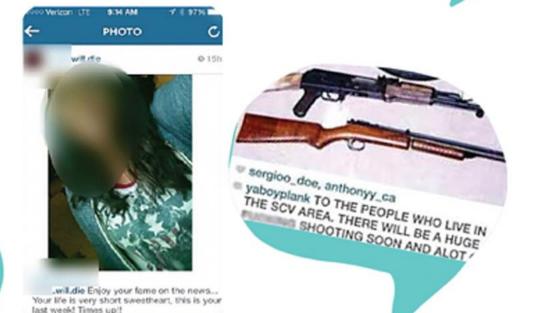
#### (No Subject)

July 13, 2013, 3:06 PM

I'm sorry to those who I offended over the years. I'm blind to see that I, as a human being, suck. I'm an individual who is doing an injustice to the world and it's time for me to leave. Please don't ever feel sorry for me, or cry - because I had an opportunity at life and that opportunity is over. I'm sorry that I wasn't able to love someone or have someone love me. I guess it's best though, because now I leave no pain onto anyone. The kids in school are right, I am a loser, a freak, and a fag and in no way is that acceptable for people to deal with. I'm sorry for not being a person that would make someone proud.



@J someone needs to find you and assassinate you. like, seriously. you get off by f up the truth. i should do it.





### IT'S NOT JUST ABOUT VIOLENCE AND SUICIDE.

YOU CAN ALSO HELP WITH OTHER PROBLEMS.

- MAY HAVE
  AN EATING
  DISORDER
- X SUBSTANCE
  ABUSE OR
  ADDICTION
  PROBLEM

X BULLYING OR BEING BULLIED

MAY BE
A SEXUAL
PREDATOR/BEING
PREYED ON

ABUSING OR
BEING ABUSED
(VERBALLY/
PHYSICALLY)



2

ACT

#### IMMEDIATELY

TAKE IT SERIOUSLY





#### WHEN SHOULD YOU ACT?

WHEN YOU SEE, HEAR OR READ A WARNING SIGN, SIGNAL OR THREAT,

#### ACT IMMEDIATELY

AND SEEK HELP.





### WHAT DELAYS ACTING IMMEDIATELY

- "We all spoke to him and he said he would never do that."
- "I thought someone else would tell someone."
- "I thought they would feel better tomorrow."
- "They are too young to hurt themselves or others."
- "He just wants attention.It's not real."
- "I would say something if it was a big enough deal."
- "I am waiting for the right moment to say something."
- "If he was going to do something, why would he announce it publicly?"



#### ACT

#### IMMEDIATELY

#### TAKE IT SERIOUSLY!

- There is no "Entry Age"
- Let the experts assess the sign, signal or threat
- Individuals often announce their planned actions
- Be an up-stander, not a bystander







## WHAT STOPS ACTING IMMEDIATELY

If you tell on someone, you will be labeled a traitor, rat and/or risk of being alienated or physically hurt.



## SAY SOMETHING

VS.

# TELLING ON SOMEONE

- Getting someone help for their own safety and well-being and to protect yourself and others from harm.
- You want to help them.

- Purposely trying to get someone in trouble for your own gain.
- You want to get them in trouble.





#### ACT

### IMMEDIATELY

#### TAKE IT SERIOUSLY

- When you act, you could save someone's life or the lives of others
- When you do not act (out of fear), you risk losing a friend or a classmate
- Individuals want to be helped they may not understand that they need it, or don't know how to get it
  SAFESA

3

# SAY SOMETHING





# **ALWAYS CALL** IF AN EMERGENCY





SAY SOMETHING

**TO?** 

SAY SOMETHING to a trusted adult. They have the experience, knowledge and means to know how to get help for an individual.



# SAY SOMETHING

**TO?** 

Examples of trusted adults



**GUIDANCE COUNSELOR** PARENT OR TEACHER SCHOOL PSYCHOLOGIST COMMUNITY ORGANIZATION LEADER **RELIGIOUS LEADER** TRUSTED ADULTS SCHOOL POLICE/ COACH, INSTRUCTOR OR MENTOR RESOURCE OFFICER PRINCIPAL/ SCHOOL SUPPORT STAFF





HOW TO HAVE A

### CONVERSATION

Before talking to an adult, gather any texts, photos, videos or other communication. If all or some portions were spoken, then write down what you heard.



### CONVERSATION

"I must talk to you about (name of individual)"

2

"She/He has threatened (explain)"

"I am noticing (explain) warning signs or signals."

Share support or personal notes

3

"I need your help now to get her/him help."

Share where adult can find the individual, parent's name and contact information (if known)



# WHAT IF YOU CAN'T TELL A TRUSTED ADULT OR YOU WANT TO REMAIN ANONYMOUS?



### HOW DOES IT WORK?

1

Report an anonymous tip.

2

Crisis Center may ask a few questions to understand the what's going on.

3

Within seconds the right people will be notified.



# SUBMIT YOUR TIP ANONYMOUSLY

24/7 - 365 Days a Year





mobile app



1-844-SAF2SAY



Safe2SayPA.org



# TIPS SENT TO 24/7 CRISIS CENTER

- 1. Analyst ensures tip has enough information
- 2. MAY ask more questions via "2-way anonymous dialogue"
- 3. Forwards tip to school officials and 911 (as needed)



# INTERVENE AND HELP

- School Officials and 911 (as needed) immediately assess, intervene and take action to protect students
- 2. School Officials report outcomes into the Safe2Say Something system to ensure accountability and follow-up of tips

DOWNLOAD THE APP ONTO YOUR PHONE OR MOBILE DEVICE





Search for "Safe2Say Something"



1

CREATE AND
ENTER A 4DIGIT PASSCODE
WHEN PROMPTED





2

ENTER THE
SCHOOL NAME
YOU ATTEND BU
TYPING IN ITS
NAME OR
SEARCHING BY
CITY OR TOWN



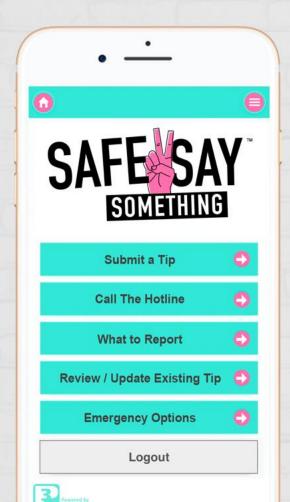


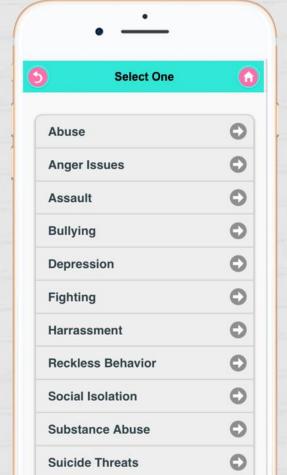
Select "Submit a Tip"

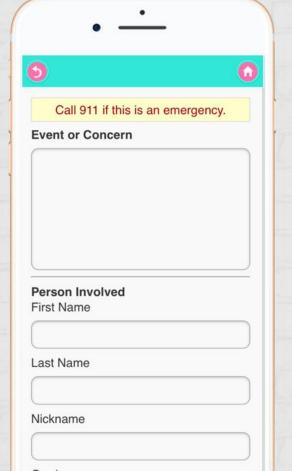
2. Select a "Concern"

Provide Details (Scrolling Down)

4. Attach Photos, Videos or Sound Files and Submit Tip







Year	
Color	
_icense Plate	
State	
Description (any ident pumper stickers, com	
	Outeralt
Attachment	Submit



#### •

Chat 3000-M130

Thanks so much for caring and reporting. We've got it from here! If you have any other information that may be helpful, you can always add it to your report by coming back to this app or signing back in on a computer with your login info below.

You have successfully submitted your tip. Login often to check the status, view replies, or add information. You can follow up on this tip any time using any of the following methods:

#### Follow-up Method #1

You can access this tip any time using the "Review/Update Existing Tip" menu on the main screen of this app.

#### Follow-up Method #2

You can also login at safe2saypa.org using the credentials below.

Tip ID: 3000-M130 Password: C9L3NN

#### AFTER YOU SUBMIT A TIP YOU WILL RECEIVE

Acknowledgement and thanks for submitting tip

Statement on how to check the status, view replies or add more information to a submitted tip

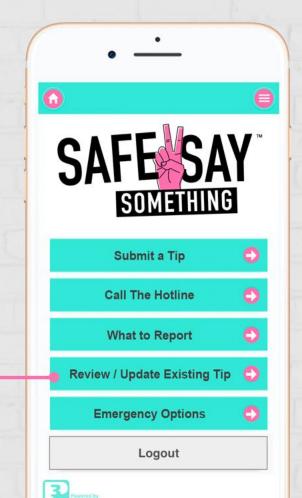
TWO methods to check status, view replies or add information:

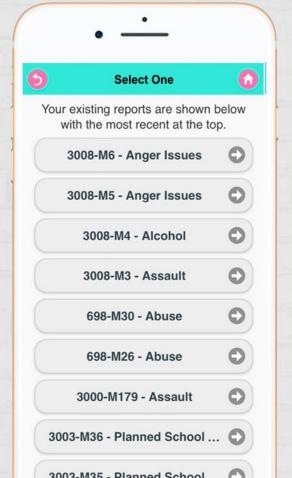
- 1 Via the app and the "review/update existing tip"
- Via website by inputting the provided tip ID number

To Review / Update a Tip and 2-Way Anonymous Dialog

1

SELECT "REVIEW"
AND UPDATE
EXISTING TIP





2

SELECT TIP AND
READ REQUEST OR
UPDATE INFORMATION
AND/OR ADD
ATTACHMENT

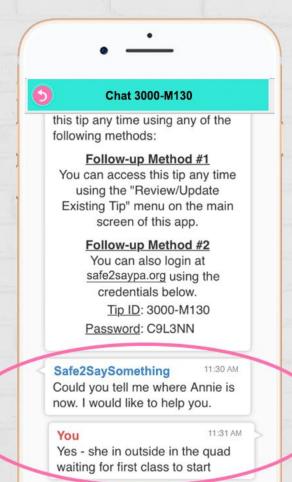




To Review / Update a Tip and 2-Way Anonymous Dialog

3

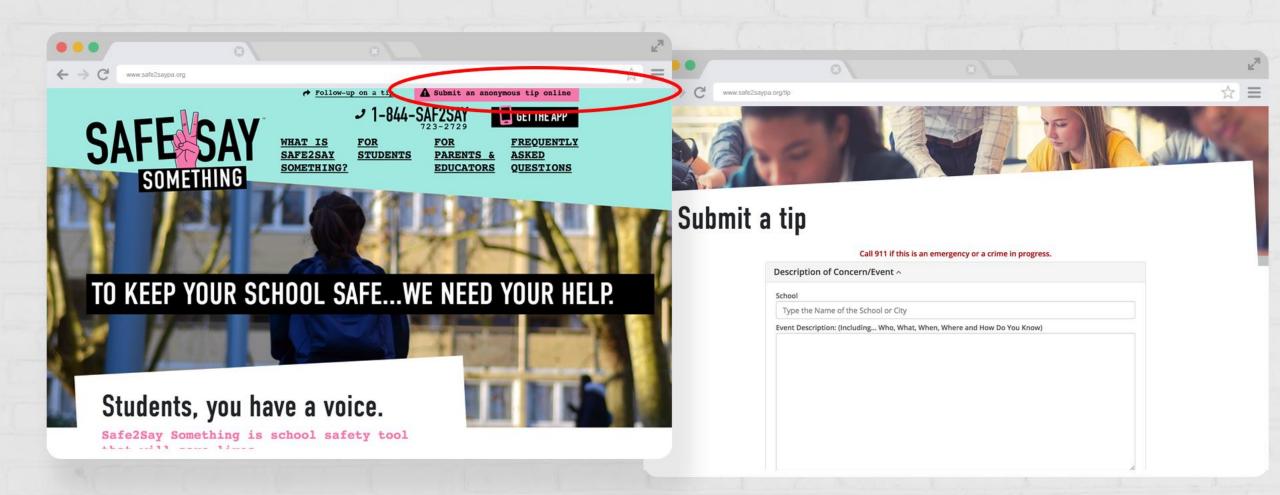
USE 2-WAY
ANONYMOUS
DIALOG BOX
TO UPDATE
TIP AND/OR
ANSWER
QUESTIONS





### HOW DO I SUBMIT A TIP ON THE WEBSITE?

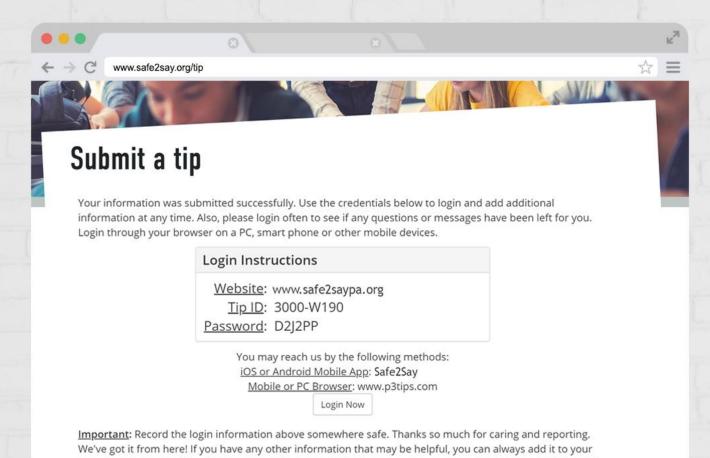
GO TO SAFE2SAYPA.ORG — SELECT "SUBMIT A TIP" THEN COMPLETE FORM:



### HOW DO I SUBMIT A TIP ON THE WEBSITE?

ONCE SUBMITTED, YOU RECEIVE A TIP NUMBER / PASSWORD TO ALLOW YOU TO:

PROVIDE NEW AND/OR ADDITIONAL INFORMATION BY LOGGING IN ANONYMOUSLY

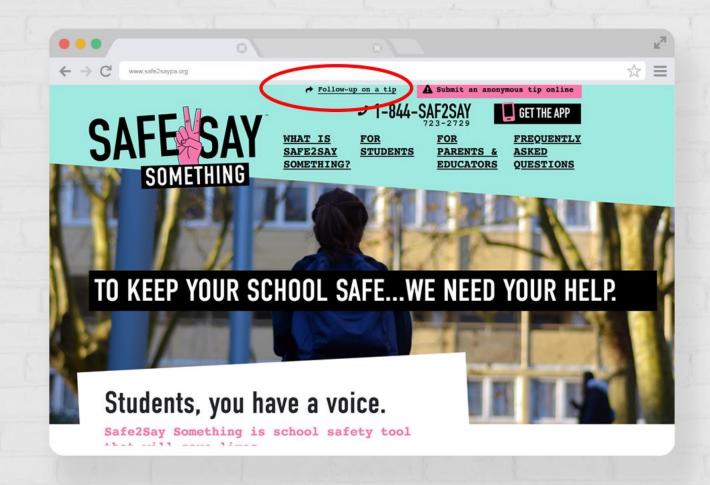


report by signing back in with your login info below. Write it down, or take a screenshot so you don't forget it.



## TO UPDATE TIP/RESPOND TO INQUIRY USING 2-WAY ANONYMOUS DIALOG

Select "Follow-Up on a Tip" and enter tip ID # and password







#### HOW DO I SUBMIT A TIP

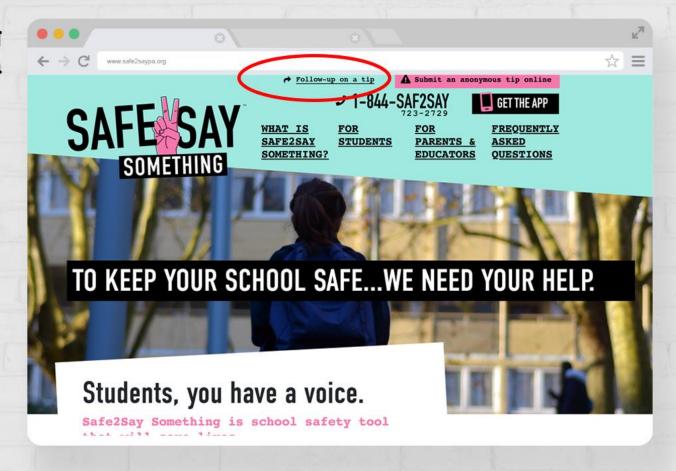


### BY PHONE

- CALL 1-844-SAF2SAY (1-844-723-2729)
- AN ANALYST WILL ASK A SERIES OF QUESTIONS SUCH AS:
  - Name of school you attend and its location
  - Description of situation, individuals involved
  - Location (as needed) and other details to assess the situation
- AT THE END OF THE CALL, YOU WILL RECEIVE A TIP NUMBER AND PASSWORD TO ALLOW YOU TO:
  - Login online or call back and provide new and/or additional information
  - View or listen to private messages requesting additional anonymous information from you

## TO UPDATE TIP/RESPOND TO INQUIRY USING 2-WAY ANONYMOUS DIALOG

Go to safe2saypa.org Select "Follow-Up on Tip" and enter tip ID # and password





## SUBMIT YOUR TIP ANONYMOUSLY









mobile app

1-844-SAF2SAY

Safe2SayPA.org

SUBMIT SECURE AND ANONYMOUS SAFETY CONCERNS 24/7, 365 DAYS A YEAR.



WHY

## SAY SOMETHING?

YOU ARE THE EYES AND EARS OF OUR SCHOOL.







PROOF THAT

### SAY SOMETHING WORKS

"I AVERTED A SCHOOL SHOOTING."

"I MADE A DIFFERENCE FOR SOMEONE ELSE!"

"I SAVED MY FRIEND'S LIFE!"

"I GOT HELP FOR MY FRIEND BEING PHYSICALLY ABUSED."







LOOK FOR

### WARNING SIGNS

SIGNALS AND THREATS

IMMEDIATELY

TAKE IT SERIOUSLY



TO HELP CREATE A SAFER, HEALTHIER SCHOOL

# SAFESAY SOMETHING